



FITNESS AND TRAINING SESSIONS **Phase II Guidelines & Requirements**

Updated: 8/5/20

- 1) There is a limit of 5 skaters plus a single instructor on each section of the ice for all sessions at any time. Sessions will be 60-minutes in length. The cost is \$365 plus tax full ice for each 60 minutes/ \$182.50 plus tax for half ice rental. You (or your instructor) are required to call the rink at 425-322-2653 and sign up in advance for your time slot to ensure we do not exceed the maximum number allowed. Slots are scheduled on a first-come, first-served basis. If you do not sign-up in advance, you will not be allowed in the building. Payments for your ice slot are to be paid prior to your time slot. In order to limit the amount of transactions, we will only accept payment from the instructor, not from individual participants. We ask, but do not require you to pay in advance over the phone when scheduling your time block in order to limit the in-person contact transactions with our staff. We recommend calling with alternate days/times in case the slot requested is unavailable. Any skaters with an outstanding ECIR account balance that does not have prior arrangements made with the General Manager will not be allowed to participate until their balance is paid in full or satisfactory arrangements are made.
- 2) Patrons are not allowed to enter the Everett Community Ice Rink if you have been diagnosed with COVID-19 (have not recovered or are still within the 14-day quarantine), had symptoms of COVID-19 (within the last 24 hours), or had contact with a person that has or is suspected to have COVID-19 (within the last 14 days).
- 3) Skaters and coaches are asked to take your temperature prior to leaving your home and entering the building. Anyone with a temperature of 100.4 degrees or higher, or those exhibiting [symptoms of COVID-19](#) are asked to stay home and will be refused entry. If either of the two apply to you and you are signed up to come in, please call the rink and let us know that you will not be able to make it in so we can open that slot for others to use.
- 4) All participants will have a temperature screening completed by Everett Community Ice Rink staff immediately at the entrance. Anyone with a temperature of 100.4 degrees or higher will be denied entry.
- 5) Skaters will need to agree to follow our appropriate social distancing “staging/get ready” areas. These areas will give participants an area to put on skates and helmets when applicable. Skaters must also follow social distancing while on the ice.
- 6) After each session, all participants will have 15 minutes to leave the premises. This will allow staff to clean and the next session to arrive 15 minutes before their session. No loitering.

- 7) Each guest that enters our facility will need to sign in and provide contact information for documentation purposes.
- 8) No spectators are allowed. Only participants can enter the facility. In certain instances, 1 parent/guardian will be allowed to assist their child finishing getting ready for their ice session, but then must leave the facility immediately.
- 9) Participants need to come dressed and ready to their fullest capability prior to entering the rink. ALL locker rooms will remain closed during this time period. Customers must wait in their cars or otherwise away from the facility until they are allowed to arrive for the start of their ice time
- 10) All patrons entering the facility are required to wear a facial covering or mask and keep it on at all times except while conducting strenuous physical activity on the ice, provided that a distance of at least six feet is maintained.
- 11) You must bring your own water bottle and please fill up prior to arriving at the rink – water fountains will be turned off.
- 12) In addition to being provided with these guidelines, each on-ice participant (to include instructors) will be emailed a Participant Release/Waiver form prior to your scheduled ice time. Participants will be required to bring this form with them for their first ice session. Participants will not be permitted in the building without providing the facility with a signed copy of this document. This will be kept on file and you will not be required to sign one for each session.
- 13) Instructors will be required to produce a training/lesson plan-for each ice session blocked and for each participant (if they are different) for your ice slot prior to stepping on the ice. Neither instructors nor participants will be permitted on the ice without this plan.
- 14) All coaches/trainers/instructors are required to complete an [online screening questionnaire](#) in advance or immediately upon entry on an available paper version. An onsite temperature screening will also be completed for trainers/coaches at the Community Ice Rink Entrance following the Angel Of The Winds Arena Temperature Screening Policy – Ice Rink Coaches/Trainers/Instructors. Anyone with a temperature of 100.4 degrees or higher will be denied entry.
- 15) All trainers/coaches are required to wash their hands and use hand sanitizer before and after each training session.
- 16) All skaters will wash their hands or use facility provided hand sanitizer upon entrance to the facility and prior to entering the ice. This will be confirmed by the trainer/coach.
- 17) We will have monitors to assure that safe distancing is maintained on the ice and in the waiting area. We will have sanitizing equipment and materials and staff will use them to sanitize after each session where the public has been. Cleaning will happen prior to opening and closing, as well as during and between scheduled programs.